

# **The Raintree Athletic Club “RAC”**

## **FREQUENTLY ASKED QUESTIONS**

### **“FAQ’S at the RAC”**

#### **1. What is the extent of the planned renovations?**

Attached is a “design in process” plan. Dawn Oglesby with Oglesby Sherman Design, Co. has been providing fantastic design services. She is extremely talented and we are more than excited to have secured her involvement. We are currently in the process of securing construction pricing. Consequently, some of the details are still in flux. However, we can describe the majority of the improvements.

- **Locker Rooms.** First of all, two “Family Locker Rooms” will be built which will be separate from the main locker rooms. These rooms, while mainly intended for the use of those with family members needing assistance, will also benefit anyone needing private dressing space. The Men’s and Women’s locker rooms will both be expanded and renovated. New separate steam rooms will be added. The Men’s locker room will feature new private shower areas. The current sauna will remain in its location and continue to operate as a coed facility.
- **Spinning.** The first phase of construction, which will begin September 21st, includes a state of the art spinning studio with new top of the line NXT Spinner cycles, a projection screen audio-visual system, along with new lighting and a new cooling system. Once completed, this will undoubtedly be the finest cycling studio in Northern Colorado.
- **General / Overall Renovations.**
  - **Cardio and Weight Machines.** These areas will be renovated to encompass a new open floor plan. New ceilings and lighting are planned as well as the addition of some new equipment.
  - **Entry.** A new front desk feature will welcome members and guests. There will be sitting areas with free wireless internet.
  - **Basketball, Group Fitness, Free Weight Area and Indoor Pool.** While no major construction is anticipated in these areas, they will be enhanced to be consistent with the new design and feel of the new interiors.

- **Other.** There are other new and exciting changes that are further explained in the answers to some of the following questions.

**2. Is anything happening with the coffee shop next door that has closed?**

Yes. The plan is to transform that space into “The’ Spa at Raintree”. This will be a full service salon and spa with a complete line of services. While The’ Spa will operate for the benefit of the entire community, RAC members will receive special pricing on spa and salon services. The’ Spa will be internally connected to the RAC. There will be more detailed information on this exciting addition in the near future, as plans are finalized.

**3. Are there changes planned to the Yoga Studio?**

There are no major changes planned at this time. The connection between the club and the Yoga Studio will be enhanced. We clearly understand the need for the Yoga Studio to remain isolated and acoustically separated from the balance of the club. The plan illustrates continued buffer areas around the Yoga Studio consisting of a meeting room, the salon and spa, and storage. In the future an additional studio room may be added above the current studio.

**4. Is there still going to be a women’s only facility as a part of the RAC?**

No. However we are planning to have a wide variety of women’s only programming that will include, but not be limited to, Women on Weights, Women’s Hour of Power and many other dynamic programs for our female members only.

**5. Are we going to see any changes to the free weight floor?**

Yes. We are going to refurbish all of the free weight racks and benches with new paint and padding. We will also purchase a new multi stack cable system that will allow for more functional and core training. We also have professional architects working on a redesign of the most efficient and pleasing layout of our free weight area. It truly will be first class.

**6. Are the racquetball and squash courts going to remain?**

In keeping with the intent to create an open and inviting club layout, we are able to keep two of the racquetball courts for the enjoyment of our members that wish to play. The squash court will be removed and that area will be utilized in the new club layout as a stretching and core training area. Two of the racquetball courts are to be remodeled into a group fitness studio that will provide a unique studio setting enhancing the club’s reputation of providing a world-class group fitness program.

### **7. Is childcare going to change?**

Absolutely. This is one area that our members with young children ages newborn through 12 years are going to see the biggest changes, both physically and philosophically. The childcare at the RAC is based on activity. Our young members are going to be offered age specific programming that will instill the foundations of a healthy lifestyle. Everything from a nutrition program to a tiny tots get active program. It is the intent of the RAC that our young members are provided with the options to either make a change or enhance an already healthy lifestyle. Our members ages 6 through 12 will also discover the enjoyment and fun of exercise when using our interactive equipment that includes Wii Fit and Dance, Dance Revolution in their new youth activity room.

### **8. What other services should I anticipate as a member?**

Look forward to enjoying the pleasure of being able to shop at the RAC's first class pro shop. You will be able to purchase apparel, dietary supplements, and other health club necessities, all with convenience and the friendly service you would expect. Additionally, our members will be able to purchase coffee, snacks and adult beverages at our new lounge /café or just sit and relax while reading local and national newspapers or surfing the web through our wireless internet access.

### **9. Are you planning to purchase new Cardio Equipment?**

Yes. We are committed to providing the most innovative and current line of Cardio equipment available. We will be replacing all of the treadmills, older elliptical machines, and upright bikes to provide a state of the art cardio experience. We will have individualized TV screens on some of our new equipment and well as a cardio theatre system to enhance your cardio experience.

**10. When will construction start and finish? Will the club stay open? Will the locker rooms remain open? How much disruption will occur?**

- Construction will begin on phase one next week. All of phase one construction will occur behind existing walls with no significant disruption to the members. The cycling studio will be temporarily moved to a racquetball court. The second, and major phase of construction is anticipated to begin around November 1<sup>st</sup> and finish approximately 45-75 days later. We will keep you informed of exact dates, as plans are finalized.
- The club will stay open. Some areas will experience temporary shutdowns, but we will strive to keep the members well informed with regard to pending construction schedules and any anticipated affects on club use.
- While it is impossible to avoid some closure, the challenge we have given our contractors is to only allow a closure of the locker rooms for a maximum of two weeks. We will accomplish as much of the construction in off hours as possible. But, there will, no doubt be a time when some closure is necessary. It will absolutely be minimized to the extent possible.
- There will no doubt be disruption, and there will be times when construction will consume major areas of the club, but we know that the end results will be well worth the temporary pain!

**11. Are membership dues increasing?**

In the past, Pulse Health and Fitness, Inc. had a multitude of variations of dues structures, so depending on what dues you currently pay, your dues may change. Some will increase and some will actually decrease. RAC has adopted a streamlined dues structure which is intended to be implemented for all members effective January 1, 2010. However, if you have previously prepaid your dues into 2010, the new dues structure will not apply to you until the renewal of your contract.

**12. I had a contract with Pulse Health and Fitness, Inc. that guaranteed my membership fee to remain unchanged for life. Will my membership fees change?**

Most likely yes. For many years the club was owned and operated by Pulse Health and Fitness, Inc. The assets of Pulse Health and Fitness, Inc. were purchased by the new ownership, Raintree Athletic Club, LLC, ("RAC"). However, RAC's purchase did not include Pulse Health and Fitness, Inc., the entity, or any of its outstanding liabilities or obligations, such as lifetime fixed contracts, or other outstanding financial commitments. It is RAC's intent to provide an incredible value for ongoing members of the RAC. However, it is financially unfeasible for any club to sustain itself while carrying the burden of fixed priced dues, that were established many years in the past. As is evident, the facility is currently in deferred condition with a significant amount of older, outdated equipment. As outlined above, there will be a substantial investment in the renovation of the facility, including, but not limited to the acquisition of much new state of the art equipment. We are hopeful that those previously holding lifetime contracts with Pulse Health and Fitness, Inc. will understand RAC's necessity to establish an economically realistic dues structure, and will see the value in an ongoing membership in the new facility and services RAC is committed to providing.

**New FAQ's At the RAC will be published as we have updated information. You will find these new FAQ's posted on our website, [www.raintreeathleticclub.com](http://www.raintreeathleticclub.com), on the flat screens around the club, in handouts available at the front desk or through broadcast e-mail alerts if you sign up at the front desk. We ask our members to think "green" and avail themselves of the information electronically.**

**Thanks for your time.**

**Martin Johns  
General Manager**